

Try using this word in your own sentence:

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Practise spelling this word:

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Other words you might associate with this:

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**Define it:** To have physical strength or good health, energetic or enthusiastic.

**Use it:** The dog was full of **vigour** during his morning walk.

**Read and say it:**  
**vigour**  
(noun)

**Deconstruct it:** from Old French, from Latin *vigor*, from *vigere* 'be lively'.

**Link it:**

Synonym: robust  
Antonym: lethargic

**Draw an image to represent this word.**



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WORD OF THE WEEK: 7

**In what situation might you hear people using this word?**

